

HIGH NEWS

Wednesday Worship



Hermies gather to worship. PHOTOS: Supplied



Members of the music crew.

BY: Abigail Phiri

What if Wednesday mornings were about more than just getting through the school day? What if, before the rush of classes and tests, there was a place to just stop? For most of the year, something has been brewing in the Blêr and I'm not just talking about the coffee.

Every Wednesday from 07:25 to 07:45, the Blêr comes alive. Voices echo and an acoustic guitar fills the air because what better way is there to start the day than worshipping God? Twenty minutes may not seem like much, but when you're rushing between classes and stressing about tests, it can make a difference. School can be a lot. Marks, deadlines, sports, friendships, etc. It's easy to feel overwhelmed.

Psalm 46:10 says, "Be still, and know that I am God." For twenty minutes, learners are encouraged to slow down and make space for Jesus. You don't have to be the loudest person in the room or know every lyric.

You can just show up. Grade 12 learner Caylin Martin said, "Wednesday Worship feels like a safe space to start the day connecting with God and other Christians."

That safe space is what makes Wednesday Worship special. It's a breath before jumping back into the day. It's not about performance; it's about giving God glory and being able to worship alongside other Christian Hermies.

Beyond the coffee and biscuits, it's a chance to connect with God in the middle of an ordinary school week. The tests are still coming and the assignments are still due, but sometimes you don't need your problems to disappear. You just need a moment to put them down.

So, if you hear a guitar coming from the Blêr on Wednesday morning, follow the sound. There will be coffee, there will be biscuits, but most importantly, there will be a chance to pause, worship God and start the day with Him.



asmile
orthodontic rooms

HERMANUS

DR FRANS KRUGER

B.CH.D (STELL); PDD - ORTHODONTICS (UWC)

CONTACT LOURIE @ 028 313 2195



VARIOUS PAYMENT
OPTIONS FOR
YOU TO CHOOSE
FROM!

Diensweek

DEUR: Lin-Màri Slabbert

Diensbaarheid is een van die belangrikste pilare van ons skoolkultuur. Met die bekendstelling van ons nuwe Diensweek van die 7de tot die 11de September wil ons nie net praat oor omgee nie, maar dit aktief uitleef en aan almal wys wat ons dienspilaar werklik bereik.

Hierdie week bied aan ons die geleentheid om bewustheid te skep vir die verskillende maniere waarop ons 'n blywende, positiewe impak op ander se lewens kan maak

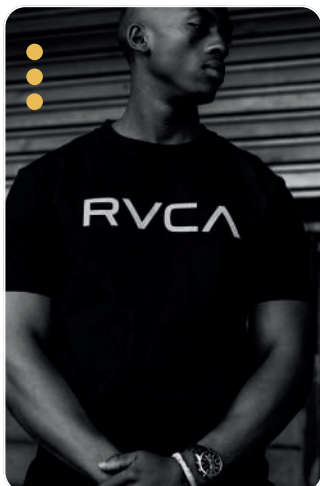
Die verkope van blou strikkies is 'n sentrale deel van ons Diensweek. Elke strikkie wat aangekoop word, is 'n direkte bydrae tot die De la Bat Skool in Worcester. 'n Baken van hoop wat toegewyd is aan die onderrig en ondersteuning van kinders met gehoor- en visuele gestremdhede.

Deur hierdie projek samel ons nie net kritiese fondse in nie, maar herinner ons mekaar daaraan dat selfs die kleinste daad van omgee 'n groot lig in iemand anders se wêreld kan wees.



Blue Ribbon Disability Awareness.
PHOTO: Kaitlyn Oliver

DE JAGERS S26_MENS



DE JAGERS
Since 1955

MAIN RD, VILLAGE
SQUARE, HERMANUS
023 004 1512

WHALE COAST MALL
HERMANUS
023 004 1587



DRIPPED_OUT_SUMMER

Taking charge and leaving a legacy behind

DEUR: Abigail Phiri

What does it really mean to lead a school? Is it having a badge, standing at the front of an assembly or having your name called out when the new council is announced? Perhaps it is something much bigger. Leadership comes with responsibility, expectations and the opportunity to leave something behind.

On 17 October, the Matric Council of 2027 was announced, officially welcoming the learners who will take on these responsibilities next year.

GIRLS:

- Alisa Davel
- Cecilia de Villiers

- Dianri Scheepers
- Isabella Bruwer
- Isabella van Wyk
- Jamila Kombe
- Janine van der Merwe
- Jenna-Leigh Pontac
- Leante Barnard
- Litha Tyindyi
- Mila Gericke
- Milan van Dyk
- Olivia Fogwell
- Rachel Hague
- Talia van Zyl
- Zoë van Asperen

BOYS:

- Barack Bango
- Daniël Duvenage

- Divan Brand
- Ewald du Toit
- Heinrich Louw
- Kaleb van der Walt
- Max Mangiagalli
- Migael du Plessis
- Nathan Hess
- Obinna Enenchukwu
- Rutger van Huyssteen
- Sebastian Theron
- Unako Mazuthu
- Wade Solomon

For the Class of 2027, this is more than simply stepping into a position. It is stepping into a role that requires maturity, integrity and school pride.

As council members, they will have to lead by example, whether that means making difficult decisions, listening to others or simply being someone their fellow learners can rely on.

Leadership does not always mean standing at the front. Sometimes, it means knowing when to speak up and when to listen. It means taking responsibility when things do not go according to plan and treating others with respect, even when no one is watching.

The council also has the opportunity to shape how their matric year will be remembered.

Their actions, attitude and involvement in school life will form part of the legacy they leave behind.

They have been given the responsibility. Now, the Class of 2027 gets to decide what they will do with it and what they will leave behind.



The new Matric Council of 2027. PHOTO: Ms. Engelbrecht

From "I can't" to
"I'VE GOT THIS."

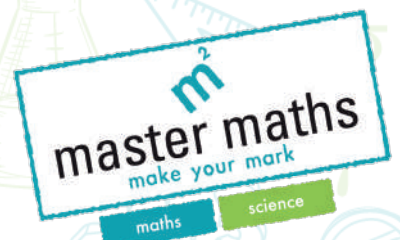
Our team of dedicated tutors provides expert tutoring to help learners understand, improve and excel.



Mathematics
Grade 4 – 12



Physical Science
Grade 10 – 12



Hermanus

061 511 3291



www.mastermaths.co.za
www.masterscience.co.za

Enrol Today!

LIVE COMEDY, THE MET OPERA, AND THE BEST LOCAL & INTERNATIONAL FILMS

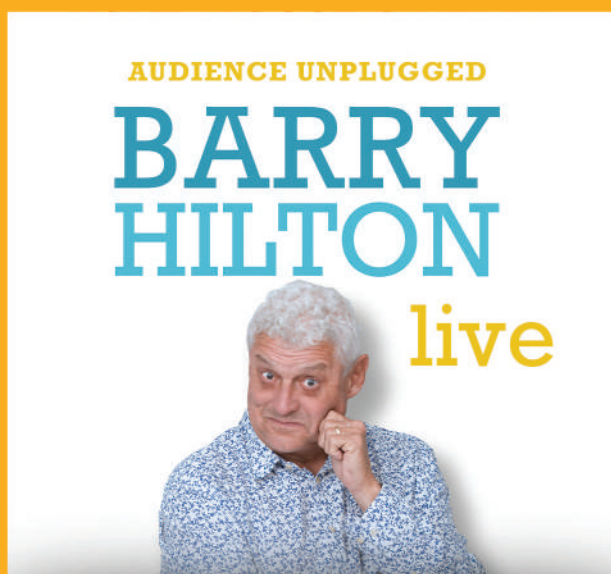
ALL THE ENTERTAINMENT
YOU NEED, IN ONE VENUE



18 SEPTEMBER



25 SEPTEMBER



3 OCTOBER
ONE SHOW ONLY



26 OCTOBER
ONE SHOW ONLY



WHALE COAST MALL

www.roadhousecinema.co.za | bookings@roadhousecinema.co.za | 028 312 3189

RoadHouseCinemaZA

RoadHouseCinemaZA

roadhousecinema

Mr and Miss Hermanus 2026

DEUR: Lana Barnard

Mr and Miss Hermanus is definitely a fan favourite and something the students look forward to all year.

This year, it took place on 30 July and it was definitely one to remember. The school hall was decorated colourfully to the Candyland theme. Bright decorations and the spirit of the students and parents filled the hall.

They started us off with the annual group dance, which led to the announcements of the contestants.

The ladies and gentlemen looked amazing in their suits and dresses, really setting the mood for the evening. All the contestants had lots of confidence and really gave the crowd something to cheer for.

Another crowd pleaser was "G-string", an Afrikaans band that got everyone on their feet singing along.

After a few really tough decisions, the judges announced the winners.

We are extremely proud of the following learners:

- Miss Hermanus: Aliliso Monqane
- Mr Hermanus: Leighton Slabbert
- 1st Princess: Dianri Scheepers
- 1st Prince: Joshua Arnoldus
- Second Princess: Mia Kotze
- Second Prince: Christoff van der Berg

The night went smoothly and the contestants looked beautiful. We are extremely excited for next year.



ABOVE: Mr and Miss Hermanus.

BELOW: The Princes and Princesses. PHOTOS: Supplied



BIG DREAMS START WITH THE RIGHT TOOLS.

HIRE EQUIPMENT YOU CAN COUNT ON.

TALISMAN HIRE HERMANUS

028 313 0144 8 ARUM ROAD, HERMANUS



TALISMAN® Hire

BUILDING A BETTER FUTURE

What you didn't know about our female icons: Dolly Parton

BY: Rachel Hague

Dolly Parton: the icon, the legend. A woman whose career spanned more than sixty years, but she never let the greed and fame of Hollywood and singing corrupt her good nature.

Dolly Parton grew up as the fourth of twelve children to Avie and Robert Parton in a tiny one-room cabin in the Great Smoky Mountains of Tennessee.

At the age of twenty-one, she released her first album, after many years of performing and writing songs for others, called Hello, I'm Dolly. Since then, she released forty-nine studio albums, wrote more than 3 000 songs and featured and starred in more than twelve movies and TV shows.

The singer led an incredibly private life and there are barely, if any, photographs of her without her signature makeup, hair and clothes on, as well as barely any of her husband Carl, whom she was married to for 56 years before his death in 2025 at the age of 82.

Besides her country music that topped charts, she was always ready to help others and no one ever had a bad word to say about her. Her father had never learned to read or write, which influenced many of her efforts later in life.

The Dollywood Foundation, which aimed to improve children's education level in her home county in Tennessee, started a Buddy Programme where Grade Sevens and Eights partnered with a friend and pledged to support each

other and remain in and graduate from high school.

Each student who graduated received 500 dollars. The drop-out rate dropped from 35% to 6% and this encouraged the community to create similar initiatives.

Another part of the Dollywood Foundation is the Imagination Library. It mails a book a month to the enrolled children from the time of their birth until they enter kindergarten and throughout its duration has provided books to nearly 850 000 children.

In 2022, her theme park, Dollywood, paid for any of their employees who wished to receive tertiary education, including their tuition, books and associated fees. This applied to full- and part-time



employees as well as seasonal workers.

During her eighty years, she contributed an immeasurable amount to her community and the world until her death on 25 August 2026.

Just over the mountain

Your Elgin escape awaits

Award-winning cool-climate wines, seasonal dining at BLOEM and wood-fired pizza beneath the trees.

*Come for the wine
Stay for the day*



WINE TASTING
Discover Elgin excellence

BLOEM RESTAURANT
Seasonal local flavour

PIZZA GARDEN
Wood-fired and relaxed


PAUL CLÜVER
FAMILY WINES

Plan your visit to De Rust Estate
N2, Kromco turn-off, Elgin | 021 844 0605
CLUVER.COM

SCAN TO
EXPLORE



Moord by Hoërskool Magnus

DEUR: Liya- Sophia van Wyk

"Vyf jaar gelede het Trevor Booyesen (16) vroeg opgestaan om skool toe te gaan. Op hierdie koue wintersdag, het hy meer as net skoolboeke in sy rugsak gehad... voordat hy by die huis uit is het hy gesluip na sy pa se geweerkluis..."

Ek dink nie enige iemand in die gehoor het geweet waarvoor hulle hulself ingelaat het toe hulle hul kaartjie gekoop het nie!

Aangrypend, intens, senutergend, én **BRILJANT** is maar net 'n paar beskrywings wat hier ter sprake is.

Op 6 Augustus het 9 van ons leerders met juffrou Wilson & juffrou Nel en hul tegniese bestuurder, Eli Solomons, vertrek na die Montagu Nasionale Jeugkunsteftes.

Na oomblikke van angs en opgewondenheid, het Hoërskool Hermanus op 7 Augustus met 'n brons huis toe gekom! Hier is die individuele resultate van ons leerders.

- Mareli Du Toit : Brons
- Kamraan Laing : Brons
- Lianka Fouche : Silwer
- Michail Kleyen : Silwer
- Charlin Steyner : Silwer
- Cara Slabbert : Goud

Hulle het ook vir die skool 'n kans gegee om hul onvergeetlike produksie te kyk tydens Geesweek – en dit was beslis nie iets wat jy moes misloop nie!

Moord, bloed, trane en perfek beplande humor, asook rekwisiete en beligting wat gehelp het om die storie te vertel, maak dit maklik om te verstaan hoekom hulle met soveel goeie pryse weggestap het!



1. Behind The Scenes.

2. The Hermie stage is always a place of talents.

3. The Amazing Montagu Cast.

4. The Montagu cast performing.

PHOTOS: Ms Nel


Warwick's
CHEF SCHOOL

Giving you a Professional Start
to a Creative Future



Internationally Recognised
Professional Chef & Patisserie Qualifications



Geesweek takes over Hermanus High

DEUR: Zara Smith

If you walked into Hermanus High during Gees Week and thought you had accidentally entered the wrong school, you probably weren't alone.

One day there were babies running through the corridors, the next there were senior citizens, glowing learners, football fans and teachers attempting to play netball. Somehow, this was all completely normal. Gees Week had arrived.

Tuesday kicked things off with Generation Dress Up Day and every grade was given a different generation to bring to life. Grade 8s went all the way back to babyhood, Grade 9s became toddlers, Grade 10s embraced their teenage years, Grade 11s dressed as adults and the Grade 12s transformed into senior citizens. The teachers weren't getting out of it either. They had to dress up as learners.

Before the bell even rang, the face painting station was already busy with learners making sure their faces were just as ready for Gees Week as their outfits were. During first break, each register class selected its best-dressed learner to compete in a mini runway competition. For a few minutes, the school was less "educational institution" and more "Hermanus High Fashion Week."

Then came the main event: Teachers' Netball. Watching teachers swap classrooms for the netball court was definitely a highlight, with learners cheering them on from the sidelines. Whether they were there for the sport or simply to watch their teachers fight for victory is an-

other question.

Wednesday took the competition indoors (or rather onto the classroom doors). Every register class was challenged to decorate their door with anything that screams FIFA. Suddenly, walking to class became an unofficial tour of everyone's creative abilities, with each class trying to outdo the next.

And just when everyone thought the day was over, the lights went out.

At least mostly.

Wednesday evening brought the Glow in the Dark Gees Bou Rave, where the school was transformed into a glowing celebration of all things gees. With the lights down and the energy up, learners got to enjoy one of the most anticipated events of the week.

Thursday was time to bring out the football fever. Learners could show off their FIFA spirit while still wearing their school uniforms, adding face paint, accessories and whatever else they could find to make their outfits stand out. The face painting station was back in action because apparently one day of face paint simply wasn't enough.

Then came the football showdown: Matrics vs the rest of the school.

The field became the centre of attention as learners gathered to support their sides. The Interschools atmosphere was only blooming brighter. Whether you were there for the football, the bragging rights or simply to watch the

matrics battle it out, there was something to cheer about.

By Friday morning, the gees had officially escaped the school grounds.

"Hoot for Hermies" saw learners line the streets outside the school armed with handmade posters and plenty of enthusiasm. Learners cheered and waved their signs as cars drove past and answered with hoots. For once, being told to "stop making noise" was basically the entire point.

Then came the moment everyone had been building towards: The Big Brag.

The school gathered as the learners representing Hermanus High at Interschools were announced. Teams were introduced, athletes were celebrated and the first teams were officially capped. After an entire week of dressing up, decorating, cheering, competing and generally causing beautifully organised chaos, it finally felt real.

Interschools was no longer something on the calendar. Instead, it was right around the corner.

And if Gees Week proved anything, it was that the spirit of Hermanus High isn't something you can put on a timetable. It's in the face paint, the ridiculous outfits, the screaming crowds, the hooting cars and the pride that fills the school when everyone comes together.

The week may have ended, but the gees certainly didn't.

overberg
**Skin
&
Body
Clinic**

- Facial Treatments
- Pepita Micro-dermabrasions
- Manicures
- Pedicures
- Waxing & Tinting
- IMAGE / LAMELLE Skin Peels
- NAILS - OPI Colour Gel / Bio Sculpture
- Dermaplaning
- Body Massage
- Electrolysis
- Dermapen
- Botox / Filler
- Hydradermie Treatments
- Lash & Brow Lamination
- Intense Brow Tint

**20%
DISCOUNT
on treatments
for school
children!**

CLARINS, GUINOT, OPI, IS CLINICAL, ENVIRON, IMAGE, DERMALOGICA & LAMELLE

**WEDNESDAYS & THURSDAYS 20%
DISCOUNT 60+ PENSIONERS**

T: 028 312 3529 | C: 076 426 0702 | E: skinbody@maxitec.co.za
www.overbergskinandbody.co.za | Shop 3, Oudehof Mall, High Str, Hermanus



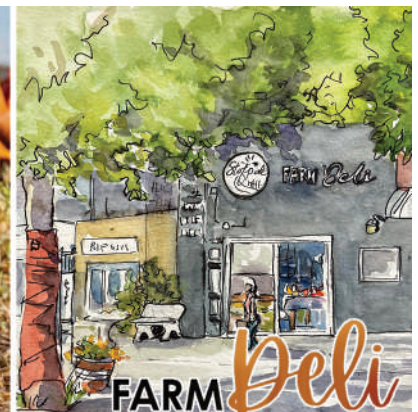
1. Mr Mangiagalli i scoring for his team!

2. Engelbrecht scoring for her team! PHOTOS: Ms Welmari de Wet and Mrs Alta we Wet

3. Our Grade 12 learners dressed up.

4. Dressed as oupas.

5. Dressed as adults and elders. PHOTOS: Helene Van Dyk



GREAT TASTING PURIFIED WATER
Fill up from our in-store filling station

Deli / Orders
071 685 7282

Tanya Pretorius
082 456 9001

deli@stof.co.za | www.stof.co.za
15 van Blommestein St, Onrus River

A night to remember!

BY: Lin-Mari Slabbert

The Curro Choir Festival happens every year, but it was especially wonderful this year because we combined the musical learners with the choir learners and sang some of the musical songs. As a matric learner, it felt different being on the stage, knowing it was your last Curro Choir Festival. It wouldn't have been possible without everyone's commitment and the teachers offering up their time to make us look and be successful.

As the spotlight hit the stage and the first chords echoed through the hall, all the late afternoon rehearsals and endless vocal warm-ups suddenly paid off. Hearing the rich, layered harmonies of the choir blending

seamlessly with the dramatic energy of the musical cast gave everyone standing on those risers pure chills. Every cue hit perfectly, and the electric atmosphere in the room made the music feel alive in a way none of us had experienced before.

When the final note faded and the audience erupted into applause, the feeling was completely overwhelming. A night like this is a true testament to the power of teamwork, music and the sheer passion of every student and teacher involved. Leaving that stage for the very last time was definitely bittersweet, but standing shoulder to shoulder with such an incredible group made it an absolute high note to end on. It is a memory that will stay with us long after the curtain falls.



Group photo of our Hermie Choir. PHOTO: UK Sobantu

The Butterfly

BY: Kaitlyn Oliver

*I survived the snakes
their warning in the ground
their venom burned sharp
their danger loud*

*they struck with truth
left wounds I could see
pain had a shape
it didn't fool me*

*but it was the butterfly
soft in the air
wings full of colour
drifting with care*

*it touched my chest
no scar, no cry
and I lost my breath
without knowing why*

MILK TART:

The perfect sweet treat for Heritage Day

BY: Rachel Hague

BASE:

- 1 packet of Tennis biscuits
 - 100–150 g butter/margarine
1. Crush the biscuits and melt the butter.
 2. Mix and press into the base of a dish.

FILLING:

- 1 litre milk
 - 45 ml butter
 - 1 can condensed milk
 - 1 heaped tablespoon custard powder
 - 60 ml cornflour
 - 3 eggs, whisked
 - Pinch of salt
 - 10 ml vanilla essence
1. Mix together the butter, condensed

milk and 750 ml milk in a pot and heat until almost boiling while whisking.

2. In a separate container, mix the custard powder, cornflour, salt, eggs and milk until smooth.
3. Add some of the hot mixture to the cold slurry to temper it and whisk until smooth.
4. Slowly pour the custard mixture into the heated mixture on the stove while whisking constantly.
5. On medium heat, whisk the mixture until it becomes thick, then add the vanilla essence.
6. Pour the mixture into the biscuit-lined dish.
7. Sprinkle cinnamon on top and let it set in the fridge.
8. Enjoy!

Hermanus



SCAN FOR MAP

Find us: 22 Arum Road,
Hermanus Industria
www.hermanus.officenational.co.za

Contact us: 028 313 0003
hermanus@officenational.co.za



STAMPS MADE IN A FLASH

COLOP EOS Line. Complete range of Flash Stamps

Camphill Spring Day!

BY: Kaitlyn Oliver

For Spring Day this year, a group of our Interact members, accompanied by Mrs Geldenhuys, headed to Camphill for another visit and, as always, it turned into one of the best days of the term.

Of course, it just had to rain the day we went, kind of ironic for a "Spring Day", don't you think? But it didn't really matter. Whether it's in the school hall or outside, the Camphill children always seem to be having an adventure with the Interactors. Once we got inside, things kicked off pretty quickly.

Our Interact learners spread out across the hall and paired up with the kids for games and, for some, it looked like reuniting with a friend they have dearly missed. It took a few minutes for everyone to warm up, but before long the whole hall was full of laughter and noise, everyone just having a genuinely good time.

Our Hermies brought hot dogs to keep everyone going and set up a rock painting station so the kids could get creative. Watching plain rocks turn into little painted masterpieces was honestly one of the highlights of the day. And if the Interact members got lucky, they were gifted a rock as a souvenir to take with them.

By the end, it was difficult to say who had more fun - us or the kids. Rain and all, it was a great reminder of why Spring Day at Camphill is something we look forward to every year and something we hope to always be a part of.



ABOVE: Interact members pose for Spring Day at Camphill.



LEFT: Camphill kids doing Rock Painting. PHOTOS: Ms Geldenhuys

BELOW: Everyone saying farewell to Camphill. PHOTO: Eli Solomons



**Your joybringer
deserves
the best
vet care!**

**HERMANUS
ANIMAL HOSPITAL**



028 316 2753 • UNIT 4A TRADING POST, ONRUS
082 958 7925 / 028 312 3065 • 14 DIRKIE UYS ST, HERMANUS
HAH@HERMANUS.CO.ZA • WWW.HERMANUSVET.CO.ZA

PRIORITY-CARE

AMBULANCE SERVICE

24 HR EMERGENCY MEDICAL SERVICE



YOUR LIFE - OUR PRIORITY



CALL 071 20 60 005

www.prioritycareems.co.za

- ✓ 24HR EMERGENCY MEDICAL RESPONSE
- ✓ INTER FACILITY TRANSFERS
- ✓ EVENT MEDICAL COVERAGE
- ✓ ADVANCED LIFE SUPPORT
- ✓ FULLY EQUIPPED AMBULANCES
- ✓ FAST RESPONSE TIMES
- ✓ PROFESSIONAL PARAMEDICS
- ✓ SERVICE PROVIDER TO ALL MEDICAL AIDS

EAST LONDON • HERMANUS • BLOEMFONTEIN

GIVING BACK THIS MANDELA DAY:

67 Minutes for HAWS

BY: Chaylin Tobias

Turning compassion into community action, the Interact members dedicated their 67 minutes this Mandela Day to supporting and helping the Hermanus Animal Welfare Society (HAWS). This day was energetic, hands-on, busy, but most importantly, heartwarming.

Our task for the day was to pack the donated animal food into smaller packets for HAWS to sell again. When we arrived, the store-room was filled with animal food. Learners immediately split up into teams, rolled up their sleeves and started packing.

Everyone worked together to make sure that as many packets as possible were prepared. We measured the food, filled the packets and made sure that they were properly sealed and ready to be sold because every animal deserves a meal filled with love. When we saw the little animals, it made us even more excited. It was wonderful to see learners giving

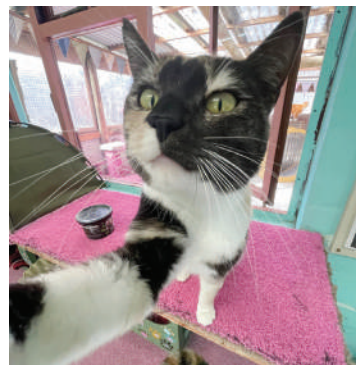
up their time and working together for a good cause. Although the task seemed simple, it made a meaningful difference because the money that is raised from selling the food could help HAWS provide food, care and support for animals in need.

At HAWS, every bag of food represents another meal for an animal waiting to be cared for. The donated food helps HAWS continue providing for animals that need a shelter and a second chance. Even after Mandela Day has passed, the impact of this contribution can continue through the food being sold and the funds being used to support animals.

This was a wonderful and extremely exciting day for us as learners who helped. We met new animals, played with them and our hearts were filled with cat and dog paws when we left. In the end, it is not just about 67 minutes; it is about giving hope to animals who can't speak for themselves and that was our ultimate goal.



Interact having a puppy group hug: PHOTO: Khusantsomi



Cat Selfie Time!!



I Look Purrfect. PHOTOS: Megan

Dancers shine at the Eisteddfod

BY: Charlize Matinka

Our talented dancers from Hermanus High School took part in the Dance Eisteddfod on 4 August, held in the Hermanus High School Hall. We are incredibly proud of our dancers for their amazing performances and outstanding achievements.

This was about more than just dance; it was about passion, creativity and telling stories without saying a single word. The Eisteddfod celebrated talent, inspired excellence and gave every dancer the opportunity to shine. Every step told a story, and every dancer became a star on stage.

Our dancers not only showcased their incredible talent but also made new friends and created



Our members of The Dance Eisteddfod. PHOTO: Supplied

wonderful memories along the way. Each dancer stepped onto the stage with confidence, joy and enthusiasm, giving their very best

in every performance.

We are extremely proud of our Hermies and their fantastic results.

Their hard work, dedication and passion truly shone through, and they represented Hermanus High School with pride!



SPRING TIME

D	S	R	E	W	O	L	F	D	L	I	W	Y	R
U	R	Y	U	M	B	W	H	W	G	F	L	E	E
C	N	I	N	Q	T	U	B	M	C	Z	D	L	B
R	M	P	B	W	M	M	T	S	A	D	T	Z	M
S	G	R	L	R	A	B	J	T	T	T	T	Z	E
G	U	O	T	W	A	F	H	C	E	H	T	I	T
N	B	T	I	X	G	G	S	S	R	R	X	R	P
I	Y	E	L	E	K	M	U	H	P	R	F	D	E
L	D	A	G	I	O	N	B	S	I	O	Y	L	S
D	A	S	Z	S	B	V	D	K	L	D	N	T	Y
E	L	G	S	I	V	S	C	D	L	J	B	A	G
E	S	O	R	S	E	I	S	I	A	D	O	R	V
S	L	D	V	C	H	H	A	E	R	K	S	Y	A
B	M	J	Q	C	B	U	M	B	L	E	B	E	E

SEPTEMBER

BUMBLE BEE

BUTTERFLY

BLOSSOMS

LADYBUG

FYNBOS

WILDFLOWERS

DAISIES

PROTEAS

CHICK

FAWN

DRIZZLE

SEEDLING

CATERPILLAR

SUGARBIRD

SUNBIRD

40 Days and 40 Nights

BY: Lin-Mari Slabbert

The tradition at our school is for the matrics to have a 40 days celebration before they count down the last few days of high school and before starting their preliminary exams.

But this 40 days tradition actually started in the Bible, where the number 40 is specifically significant. In Scripture, it represents a time of testing, judgement, reflection, divine action and preparation for a new stage.

You can really see that connection in what the matrics are going through right now. They are being tested on the whole year's work, facing intense pressure as they sit down with past papers and long study hours.

They are being judged by external moderators based on their performances, with every mark carrying weight for their futures.

At the same time, these final



weeks offer a chance for deep reflection.

Matrics look back on how far they've come since Grade 8, remembering the friendships made, the challenges overcome and what they still need to achieve before handing in their final papers.

By going through all of these things, they aren't just finishing a school year, but they are truly

ABOVE: Group photo of this year's 40 Days. PHOTO: Supplied

RIGHT: Schoeman's car is the Victim Of This Year's 40 Days

preparing for the next stage of life after high school, stepping out of the familiar school grounds and moving into the unfamiliar adult world.



FIRES

**WOOD FIRES
GAS FIRES • BRAAIS**

Sales • Installation • Service



**FIREPLACES
OVERBERG**

**Call 079 892 0510
for a FREE quotation**

**MORE HEAT • MORE CHOICE
MORE VALUE • LESS COST**



Sentinel Ottawa Cylindrical



Infiniti Freestanding Braai



Canature Cube

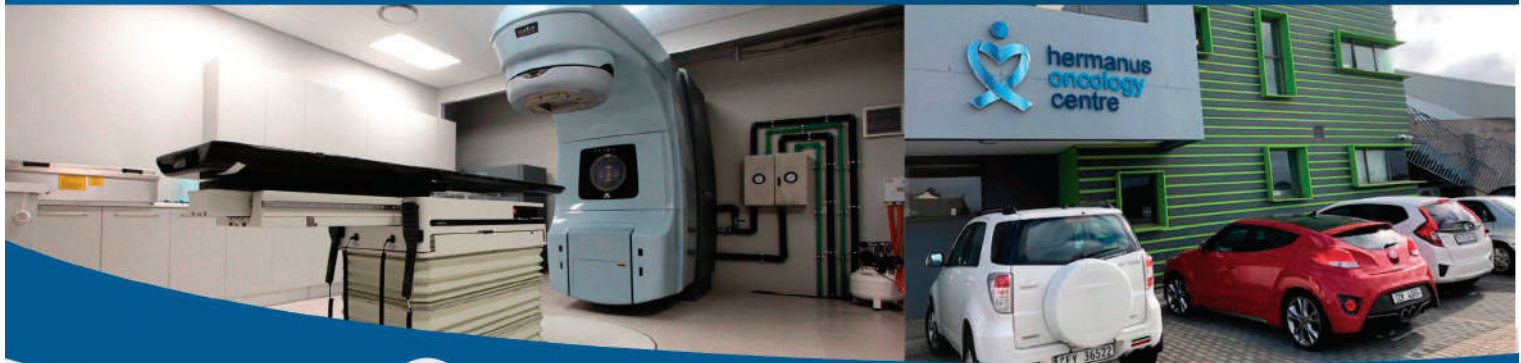


Ember Smokeless Firepit/Braai

Arrange a time with Andrew to visit our showroom at Roman Close

www.macd.co.za

Vir ons is jy meer as net 'n nommer



hermanus oncology centre

Die lewe is kosbaar

Die **Hermanus Onkologie Sentrum**, wat in 2017 gestig is, het sedertdien groot sukses behaal. Pasiënte van oral uit die Overberg en selfs internasionale pasiënte maak van hierdie uitstekende diens gebruik. Ons kan ook gerieflike verblyf aan pasiënte te bied wat van 'n ander stad of land reis. Om in hierdie pragtige kusdorp geleë te wees, het beslis sy voordele. Die uitsig is asemrowend en die Hermanus Onkologie Sentrum is net twee minute se stap van die strand af en vyf minute van die hartjie van die dorp af. Die hoogs gekwalifiseerde en vriendelike personeel sal jou bystaan en die beste diens lewer om jou verblyf so gemaklik moontlik te maak. Die eenheid lewer 'n omvattende diens wat chemoterapie en bestraling insluit. Die onkologie span sluit in: Twee kliniese onkoloë, dr. John Duminy (stigter) en dr. Marli Groenewald; vyf uiters bekwame chemosusters; twee aptekers, vier radioterapeute en 'n berader wat 'n geregistreerde maatskaplike werker is. Buiten die chemoterapie kan prostaat brachiterapie aangebied word, sowel as radio-aktiewe middels wat beide per mond en binne-aars gegee word. Elke pasiënt word as 'n individu behandel. Ons bestee tyd met ons pasiënte om alle onsekerheid rondom die kankerbehandeling so ver moontlik uit die weg te ruim. Ons gerieflike en huislike oornagkamers bied ook 'n heenkome vir pasiënte wat van ver reis om by Hermanus Onkologie Sentrum behandeling te ontvang. Hier is jy in goeie hande, want die lewe is kosbaar!



Dr. John Duminy



Dr. Marli Groenewald



Hermanus Oncology | Hermanus Medical Village
Skakel: 028 312 2646 admin@hermanusoncology.co.za
<https://www.hermanusoncology.co.za>

Winterbal 2026



FAR LEFT: Best dressed boy.
CENTRE: Best dressed girl.
PHOTOS: Gerhard Loedoff
ABOVE: Best dressed couple.
PHOTO: Riané Uys

DEUR: Louie Barnard

Die jaarlikse Winterbal het op 21 Augustus in die skoolsaal plaasgevind. Die saal was elegant en stylvol versier, presies wat die Met Gala-tema vereis het.

Die kos was heerlik en netjies bedien, en die foto-hokkie was 'n gunsteling onder leerders om die aand met vriendinne en metgeselle

vas te vang. Die dansvloer was die hele aand vol, met dogters in pragtige rokke, seuns in netjiese pakke en álmal wat behoorlik dans.

Min kon egter met Gida Roodt vergelyk word, wat aan die einde van die aand as 'Bes geklede dogter' aangewys is, en Jesse van der Nest, wat as 'Bes geklede seun' aangewys is. Riané Uys en Regart Venter het die gevoel van die fliek "How to Lose a Guy in 10 Days" perfek vasgevang en

is as 'Bes Geklede Paartjie' aangekondig.

Die aand het van 18:00 tot 22:00 geduur en het glad verloop sonder enige uitdaginge, alles te danke aan die VRL wat alles gereël het en seker gemaak het dat alles op standaard is. Die kaartjies was elke sent werd. Ons kan nie wag om te sien wat die VRL volgende jaar vir ons inhou nie en hoe hulle hierdie jaar gaan oortref nie.



NOW STOCKS
HONDA
BUILT TO WORK. BUILT TO GO.



**PERFECT FOR
SCHOOL RIDERS**

ACTIVA 125
SCOOTER



R27 999

INCL. VAT

- ✓ Reliable.
- ✓ Fuel efficient.
- ✓ Easy to ride.
- ✓ Get to school and back with confidence.

XR125L
DUAL PURPOSE BIKE



R42 899

INCL. VAT



**BUILT FOR FARMS.
MADE FOR MORE.**

- ✓ Tough. Versatile.
- ✓ Works as hard as you do.
- ✓ Farm work
- ✓ Trail riding
- ✓ Daily utility
- ✓ All-terrain
- ✓ All conditions

TRX420FM
FOURTRAX



R160 749

INCL. VAT

CRF300L
DUAL PURPOSE BIKE



R104 999

INCL. VAT



**CONTACT
ANTHONY GRANT
082 901 2571
anthony@vespassw.co.za**



**UNIT 12,
7 VILLAGE LANE,
HEMEL EN AARDE,
7201**

Dial a Physio® SA



084 549 2981



dialaphysio1@gmail.com

SMART ECOSYSTEM

SCAN THIS QR CODE TO DOWNLOAD OUR MOBILE APPLICATIONS AND GET THE ULTIMATE SMART EXPERIENCE

APP STORE | CENTSYS READY | CENTSYS PRO

V-SERIES SMART | PHOTON SMART | METAL GATE STATION | SDO4 SMART

TIGHT fit

garage doors & automation

082 875 3354 | tightfit@hermanus.co.za

CENTURION

SMART MAKING LIVES EASIER

D3 SMART | D5 SMART | D6 SMART | SMART PowerPack | D10 SMART | D10 SMART | D20 SMART

WWW.CENTSYS.CO.ZA

LIFE STYLE PHARMACIES

YOUR COMMUNITY PHARMACY

KleinRivier Pharmacy
Your local pharmacy in Hermanus

Friendly, professional support for everyday health and family wellbeing.

Prescriptions

Pharmacist advice

Health essentials

Personal care

Friendly local service

📞 082 963 8019

📞 028 312 4433

✉ kleinrivier@lifestylepharmacies.co.za

🌐 lifestylepharmacies.co.za

🕒 Monday-Saturday: 08:00-19:00
Sunday: 09:00-19:00

Here for our community, every day.

📍 Eastcliff Village Shopping Centre

🕒 Mon-Fri 8am - 7pm;
Sat 8am - 1pm, 5pm - 7pm;
Sun 9am - 12pm, 5pm - 7pm

📞 whatsapp: 082 963 8019

HEROIC HERMIE HOCKEY!



Rutger van Huyssteen on the go. PHOTO: Pieter Visser

BY: Zoe van Asperen

Hockey is one of the most exciting and challenging sports in the world. It is a fast-paced game that requires teamwork, skill, discipline and determination.

Whether played on a grass field or indoors, hockey brings people together and creates

unforgettable moments for players and supporters.

Hockey is not only about scoring goals. Players need to communicate with their teammates, make quick decisions and remain focused throughout the match. Every player has an important role to play and one mistake can change the outcome of a game. This teaches

players the importance of responsibility and working together.

Our hockey teams have had an amazing season and have represented Hermanus on the field with true pride and honour.

We are looking forward to the amazing season of 27.

DE JAGERS
Since 1955



FinGlobal

**FOOD LOVER'S
MARKET**

HUSSAR GRILL
Est. 1964



SPUR
OCEAN CREEK



Movement that inspires
Kia Hermanus



**HERMANUS
TOYOTA**



GATEWAY
— Lifestyle Centre —



PANAROTTIS®
PIZZA & PASTA



SUZUKI
Hermanus



**HERMANUS
& ALEX GRANT**
PHARMACIES

DU PREEZ
JOINERY | CABINETRY
WOODWORK



mahindra

Rise



Interschools 2026



Netball First Team Ready To Win. PHOTO: Gerhard Loedoff



Our Hermie supporters cheering. PHOTO: Sita Hoogenboozem

BY: Sahara Hafez

There is no argument that the most anticipated event and sports day of the school year is Interschools. This year we played against our usual "opponents", Worcester Gymnasium. After an early morning rush onto our allocated school buses, we left our school grounds at 6:00 and arrived after a two-hour drive at Worcester Gymnasium. Throughout the day, we held our heads high and marched across the fields, courts and astros. We stood proudly on the pavilion and roared. Eventually, after the long day of us Hermies giving it our all, it was time for the winners to be revealed.

Unfortunately, Hermanus High School lost the Gees trophy and the overall sports trophy. However, despite losing in terms of the trophies, we Hermies know that losing does not mean we have truly lost, since we still had the opportunity to stand together as a school and sing the school song on the pavilion with pride. What matters the most to us is the connections we made along the way of high school sports and the memories we created together. At the end of that day, we drove the two hours back to Hermanus, mostly exhausted but still singing and laughing with our friends. That is why we love Interschools because instead of being upset due to our losses, we still keep our spirits high as we realise that what matters the most is being together.

A huge thank you to the educators, sports coaches and our fellow Hermies for making this Interschools such an exciting and enjoyable time.



Our cheerleaders doing what they do best. PHOTO: Sita Hoogenboozem



Rugby boys huddled in a circle. PHOTO: Gerhard Loedoff