

## The Magic of Theatre



Hermies take the stage. PHOTOS: Taylum Meyer



BY: Kayla Smith

When the curtain rises and the lights dim, something magical happens. Students, all with lives of their own, transform into characters who bring a story to life, making us laugh, think, and feel.

Theatre has always been so much more than just entertainment. It also reflects who we are, what we value, and how we understand each other. It dates back to ritualistic performances in ancient Egypt, but was formalised as an art form in ancient Greece. This

tradition progressed through medieval plays, then the Renaissance period with Shakespeare, Restoration comedies and eventually became the modern commercial era with the American musical.

In schools, theatre plays an important role. It brings students from all grades and backgrounds together, teaching them patience and imagination. Cast members learn to rely on each other, whether they're centre stage delivering lines or back-stage moving scenery. Every role matters.

Theatre also gives students the confidence and courage to express themselves. In a world where it's easy to hide behind a screen, being on stage builds confidence, empathy and presence. Actors step into someone else's shoes, gaining different perspectives. This not only makes them better performers but also more compassionate people.

This term's school play, *Ink Between the Lines*, is a perfect example of this. Our Hermie cast and crew worked together beautifully to make the play

a success. The team included Sange Mkhabile (technical), Shalbe Deng, Michail Kleyn, Kamran Laing, Amila Tshiseka, Onwabisa Nosilela, Eli Solomons, Delinda De Kock, Lianka Fouche, Dayaan Abdurahman, as well as Ms Nel and Ms Wilson.

Watching classmates bring this story to life teaches us why theatre matters: It encourages conversation, builds community, and helps us see the world in a different light. Theatre teaches us that life, much like the stage, is better when we work together and share our stories.



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*Die lewe is kosbaar*

Die **Hermanus Onkologie Sentrum**, wat in 2017 gestig is, het sedertdien groot sukses behaal. Pasiënte van oral uit die Overberg en selfs internasionale pasiënte maak van hierdie uitstekende diens gebruik. Ons kan ook gerieflike verblyf aan pasiënte te bied wat van 'n ander stad of land reis. Om in hierdie pragtige kusdorp geleë te wees, het beslis sy voordele. Die uitsig is asemrowend en die Hermanus Onkologie Sentrum is net twee minute se stap van die strand af en vyf minute van die hartjie van die dorp af. Die hoogs gekwalifiseerde en vriendelike personeel sal jou bystaan en die beste diens lewer om jou verblyf so gemaklik moontlik te maak. Die eenheid lewer 'n omvattende diens wat chemoterapie en bestraling insluit. Die onkologie span sluit in: Twee kliniese onkoloë, dr. John Duminy (stigter) en dr. Marli Groenewald; vyf uiters bekwame chemosusters; twee aptekers, vier radioterapeute en 'n berader wat 'n geregistreerde maatskaplike werker is. Buiten die chemoterapie kan prostaat brachiterapie aangebied word, sowel as radio-aktiewe middels wat beide per mond en binne-aars gegee word. Elke pasiënt word as 'n individu behandel. Ons bestee tyd met ons pasiënte om alle onsekerheid rondom die kankerbehandeling so ver moontlik uit die weg te ruim. Ons gerieflike en huislike oornagkamers bied ook 'n heenkome vir pasiënte wat van ver reis om by Hermanus Onkologie Sentrum behandeling te ontvang. Hier is jy in goeie hande, want die lewe is kosbaar!



**Dr. John Duminy**



**Dr. Marli Groenewald**



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# MX raad 2026 - insig oor die waarheid

DEUR: Zoe van Asperen

Om as n leier verkies te word van ons skool is n groot eer wat 24 leerders elke jaar aanpak. Dit is nie altyd n maklike taak nie en hulle het baie verantwoorde-likhede. Om bietjie meer insig te kry het ek n onderhoud gevoer met Jandre Kruger en hier is wat hy te sê gehad het rakende die nuwe avontuur wat hy gaan aandurf:

Wat is die moeilikste deel van jou matriekraad verantwoordelikhede? "So ver is dit net die aanpassing na die dienspligte, om kinders te "skel" oor goed wat ek weet ek self gedoen het. Klein goed soos hande uit hul sakke haal, of hul hare wat te lank is klink na klein oortredings, maar ek wat self raas daarvoor gekry het sukkel nog om dit ten volle toetepas."

Wat het jou gemotiveer om vir mx raad te hardloop? "Ek het altyd opgekyk na die vorige matriekraad lede toe besluit ek om te hardloop

sodat ek darm n poging maak om die skool te help tot di beste van my vermoë."

Hoe dink jy gaan die mx raad n impak op di skool maak in 2026? "Ek glo on mx sal n groot impak maak as ons die samewerking het van ons hele graad groep. Deur as n hele graad te lei en nie net die mx groep nie, sal die res van die skool n goeie voorbeeld hê om na te streef. Dit alleen sal n groot impak kan maak op die skool."

Waarvoor sien jy die meeste uit om op die mx raad te wees? "Eerlikwaar ek kan nie wag tot ek n graad ag vind wat my sak vir my sal rond dra nie."

Vir die res van die verkose leerlinge wat deel is van die Matriekraad vir 2026 wil ons julle baie voorspoed toewens. En baie geluk aan juffrou Swart en mnr Kuhn wat die nuwe voorsitters van die MX raad is. Ons sien uit om julle as die toekomstige leiers van ons skool te hê!

## HERMIE LEADERS OF 2026:

### DOGTERS

- Ana Voigt
- Anna-Mari Boshoff
- Charlotte Kilpin
- Courtney Anderson
- Elke Keulder
- Helen Ackermann
- Leah Boyd
- Mia Kotze
- Nikki Snyman
- Rachel Horn
- Sophia Thorpe
- Surita Lamprecht
- Taylor Anderson
- Tilde Kok

### SEUNS

- Carlin September
- Christiaan Nepgen
- Eduard Theron
- Ishaan Lodewyk
- Jandre Kruger
- Jason Gers
- Jean Joubert
- Joshua Arnoldus
- Liam Prodehl
- Leewin Ko
- Leighton Slabbert
- Stefan Stieger
- Tony Martins
- Zack Bydowell

PHOTO: Klaradyn Stemmet



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# THE IMPORTANCE OF GOOD HYGIENE IN A SCHOOL ENVIRONMENT

BY: Isabella Gouveia Goncalves

As students, we spend a lot of our time and weekdays in the school's environment, surrounded by a whole lot of our fellow classmates and teachers in shared/closed spaces such as classrooms (sometimes sharing the same desk), hallways and even restrooms. Therefore, hygiene is not just a personal matter but something that affects everyone around us. Good hygiene is way more than just looking neat. It plays an important role in protecting one's health and creating a school environment where all students can focus on their studies.

Good hygiene also shapes the way others view us. As teenagers, many of us are at a stage where we are conscious of how others perceive us. Poor hygiene can lead to embarrassment, teasing, gossip, and, in worst cases, bullying. However, keeping ourselves clean and presentable shows respect not only for ourselves but also for those around us. Furthermore, it's a known fact that when people feel good (clean and fresh for the day) they become more confident and they socialise with more ease.

Maintaining good personal hygiene might seem easy and simple, but it's the consistency that makes the difference.

In conclusion, hygiene in a school environment is far from just a minor issue. It helps protect our health, creates a positive atmosphere for learners and affects our daily social interaction. As students, our responsibilities not only lie in achieving good grades or doing after-school cultural or sports activities, but they also lie in maintaining good hygiene. We all share the same space, so it's everyone's responsibility to do small things, like washing their hands, keeping their uniform clean and looking after their surroundings. Such small habits would make a huge difference.

# If we were perfect

BY: KAITLYN OLIVER

*I feel a tempest brewing within, a cold, glacier kind,  
Your face a diamond in my eyes yet a pebble in yours.  
Your reflection, a masterpiece you wish to be denied,  
A life you're willing to rearrange with unrelenting claws,  
Another mind deceived: perfection wanted and unem-  
braced flaws.*

*You think the beauty you crave means life's clean slate?  
No, just envy's sharp glare, a familiar debate.  
But no need for your grief, your shame nor misplaced  
hate,  
Your pool of tears are shared with not one but millions  
combined.  
What you yearn for is not as it seems, perfection lied.*

*Imagine no struggle no pain to endure,  
No depths to escape, no lessons to learn.  
Your triumphs than meaningless hollow and vain,  
No empathy forged in the fires of pain.*

*Perfection means no edges to be proudly worn,  
No whispered strength from being trampled and torn.  
No two minds can truly comprehend deep and vast,  
Of stories that the broken past.*

*Know that you are living imperfect dreams,  
Nightmares are disguised as the most wanted things.  
Stars might fall to grant your wish,  
For flaws to fade with true love's kiss.*

*Still I put this last message in bold and underlined.  
You're as perfect as can be, loved more than infinity  
combined.*

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# PRESENT

## Part 3 of Room 2050

BY: Rachel Hague

The latch clicked behind Natalie and her footsteps became muffled by the carpeted corridor. She held her chin high and her shoulders back, she couldn't afford to have the cool facade crack. The next few hours depended on it. She tucked her necklace into her collared shirt with her right hand as she checked the time on her left. Six minutes since she had given him the tea, five minutes since he'd likely ingested the poison.

The first symptoms would have started to show, sweat would be beading on his forehead even though it was the middle of winter, his throat would start closing and he'd begin gasping for air. The thought of it made her sick, but it was necessary, a great cleanse for a country to be made great once more.

Ten minutes.

Word had spread and people had begun to run as worry filled the air, she sped up her pace as she headed for the assembly point. It was too late now, there was no saving him. She wished she could run, get on a plane to the

most remote corner of the earth and never come back. But she couldn't, if she did she'd be running for the rest of her life.

One hour.

Every single staff member, advisor, even chauffeurs were assembled in the ballroom as someone in front did a rollcall. They made their way down the list until her name, she raised her hand to be seen over the crowd, "Present." They continued down the list until a silence came, the name was repeated. Still no one said anything. She didn't know the person, she knew what the criteria was though, someone unnoticeable with access to the president's food, someone to take the fall. He was probably stuffed, unconscious in a car heading somewhere she'd never heard of.

48 hours.

The country was in an uproar, a new president had been sworn in, but terror had already unfurled through the people. Rumours had spread and conspiracies were whispered wherever she went, on trains, in the halls. Despite the unrest, deep within her she felt a sense of calm. Something would have to change, surely?

## The Stellenbosch Science Expo!



Some of the learners who took part in the expo and their teachers who helped them. (Back row, left to right: Thomas Fogwell, Leah Duvenhage, Ami Wiesner, Ané van der Merwe, Lienke van der Berg. Front row, left to right: Mrs. Swart, Mila Claassen, Emily-Ann van Wyk, Euné Ludek, Mrs. Wiegman). PHOTO: Ms Klaradyne Stemmet

BY: Mila Boshoff

On the 21st and 22nd of August our learners took part in the Stellenbosch Eskom Science Expo under the guidance of Mrs Wiegman and Mrs Swart. There were many schools from all over the Western Cape that also participated, but our Hermie team did exceptionally as always. The learners worked extremely hard on their projects and received excellent results.

For Biomedical & Medical Science, both Thomas Fogwell and Mila Claassen received silver. Euné Ludek earned a silver for Energy. Marie Ackerman and Ami Wiesner both received a bronze for Plant Sciences, whilst Ané van der Merwe earned a silver. In the Physics category, Chloe du Plessis got a silver, and Leah Duvenhage as well as Lienke van der Berg earned bronze.

The pupils who took part said they were extremely thankful for the opportunity and enjoyed it very much. When asked what their favourite part of the event was, one learner said: "I loved meeting all the people and enjoyed learning new skills." The learners also said they liked showing their hard work to their peers and people from other schools.

We are very proud of the learners' results and would like to express our gratitude to the teachers who made it possible.

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# INTERACT

BY: LIN-MARI SLABBERT

Every member of Interact supports one another through all challenges, much like a family. The bonds formed within this community create a sense of belonging that enriches everyone's experience. These connections foster not only personal growth but also a collaborative spirit that drives innovation and creativity.

Together, we navigate challenges and celebrate achievements, making the journey all the more rewarding. This collective resilience empowers individuals to push beyond their limits, inspiring each other to reach new heights. As they share their unique perspectives and skills, the community thrives, paving the way for future successes.

This dynamic environment encourages continuous learning and adaptation, allowing members to embrace change with confidence. Ultimately, the bonds formed within the community become a source of strength, enabling individuals to face any obstacle together. Interact is a place/atmosphere that brings me peace within a storm.



Visiting Huis Lettie Theron on Valentines day. PHOTOS: Stefan Botha

Doing a good deed brings me a sense of joy that I can't describe. Giving back to your community brings you blessings and great opportunities to meet new people, which open multiple doors towards our club. Every person in the Interact club knows how it feels to have nothing, so it gives you a sense of euphoria to see the smiles, tears, and hugs being exchanged amongst the grateful

children, workers, and elders.

People often ask me what Interact is really about; I answer by saying that it is giving without receiving anything in return. Putting others' needs before your own.

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## The power of a single voice

BY: Kaitlyn Oliver

Public speaking, at its core, is not simply an act of communication but an act of power. It is the ability to channel conviction into a narrative, to command attention and to move young minds. A single speech can be a catalyst for immense change, whether in politics or belief, and with this power comes a heavy and often unacknowledged responsibility.

The most visible manifestation of public speaking's power lies in its ca-

capacity to sway the masses. Throughout history, pivotal moments have been defined not by battles or decrees alone, but by the resonance of a single voice addressing a crowd. Think of Winston Churchill, whose wartime speeches did more than simply inform the British public; they forged resilience and defiance in the face of overwhelming adversity. His words were not just messages; they were fortifications built of sound and spirit.

On a more subtle, yet equally significant level, the power of public

speaking resides in its ability to change an individual's mind. A skillful speaker can dismantle long-held biases and introduce new perspectives by constructing a persuasive narrative.

In these moments, the speaker is not just presenting data; they are building a bridge between their own convictions and the audience's worldview.

True power in public speaking lies not in the ability to deceive, but in the capacity to inspire and empower

others to think for themselves.

To see public speaking as a simple skill is to overlook its profound impact on society and individuals alike. It is an undeniable act of power, a tool capable of launching movements, shifting national morale, and altering the course of a single life.

The most powerful speeches are not those that manipulate an audience into blind agreement, but those that uplift, challenge, and ultimately empower them with a shared vision of a better future.



  
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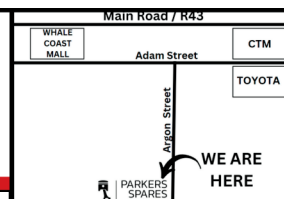


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# CIVVIES IS SERVICE

BY: LIN-MARI SLABBERT

On the 31st of July, Heramus High had its annual civvie day. In order for a learner to wear civvies, each grade had to bring a non-perishable item. These items are used to pack food parcels for less privileged families.

The event fosters a sense of community and encourages everyone to contribute to a worthy cause. This year, we collected an impressive amount of goods, showcasing the generosity and spirit of our HERMIES. As Inter-acters packed the food parcels, laughter and camaraderie filled the air. It's heartwarming to see how such small acts can make a significant impact on those in need. MAKE EVERY DAY A CIVVIE DAY AND CONTRIBUTE TO OUR COMMUNITY.

We are thankful for everyone who wore civvies, as you fed a hungry family who needed extra food just to get through the week. A lot of students are not active interacting members, but by contributing towards our Civvie Day, every student at Hermanus High School is an Inter-acter at heart. Hermanus High's service pillar extends its gratitude to each and every one who contributed.



Blessings and gratitude in abundance. PHOTOS: Corné Slabbert

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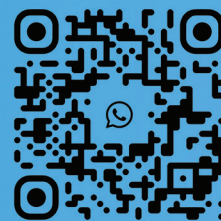
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The **Great Southern BioBlitz (GSB)** is an annual citizen science event in the southern hemisphere where people use the iNaturalist app to document and celebrate biodiversity.

During the four days people are all encouraged to make observations of every living thing, other than people and pets. People of all ages can participate and photograph the fynbos, fauna, insects, etc (one can also use sound clips to record birds, frogs, etc) to get a snapshot of the biodiversity of our area that is useful for scientific purposes. Participants will then have until 10 November to upload and identify their observations.

iNaturalist is an online platform where anyone can share observations of plants, animals and other organisms to help map global biodiversity.

### Tips for capturing great photos

- Ensure photos are clear and show key features of the organism. Use zoom and focus for closeups.
- Position the sun behind you for optimal lighting.
- Don't forget nighttime activity – look for moths, spiders and frogs around your home or garden.
- **For plants/trees:** capture bark, branches, leaves (upper and lower surfaces), flowers and fruits. Include the entire plant, not just flowers.
- **For insects/critters:** use burst mode for fast-moving insects. Early mornings or evenings are best.



### Taking part is easy

1. Download the iNaturalist app on your smartphone and sign up.
2. Switch off your data and switch on your location.
3. Take good photos of any living or dead organism, or evidence of organisms (plants, animals, fungi, seaweed, lichen, shells, tracks, scat, feathers, etc.) that you see in your garden, around your home, in your neighbourhood, park, beach, reserve, etc.
4. Upload your observations at the end of your outing when you have sufficient wi-fi or data coverage.
5. Mark plants or organisms that are cultivated (e.g., in gardens, pots or farms) or captive (e.g., pets, zoo animals) as 'captive/cultivated'. This ensures accurate biodiversity data and supports research.
6. Check back to see what people say about your observations.

### For more information

[www.inaturalist.org](http://www.inaturalist.org) | [www.facebook.com/iNatureZA](https://www.facebook.com/iNatureZA)

<https://www.inaturalist.org/projects/great-southern-bioblitz-2025-overstrand>







REACHING AN ALL-TIME HIGH:

# MR AND MS HERMANUS HIGH

BY: Isabella Gouveia Goncalves

**H**ave you ever thought to yourself what it means and feels like to wear a crown in high school? Is it truly just about looks, or something much deeper?

At Hermanus High School, Mr and Ms Hermanus is far more than just a pageant; it is an event that every learner looks forward to each year. It is a night where beauty, talent, confidence, character, and school pride come together to shine brightly under the spotlight.

However, to the students, the crowning of Mr and Ms Hermanus represents more than a title. It is a celebration of the students who embody the spirit, heart, and vibrant energy

of our beloved school, Hermanus High. It is a celebration of who we are, and a chance for learners from Grade 11 upwards (no matter their background) to take a stand and showcase themselves in ways we do not always see in the classroom.

On this night, the quiet girl from the back row might surprise everyone with her charm and unique talent, while the funny boy from the sports field might step onto the stage, impressing everyone with his confidence and radiant energy.

This event brings our school together. On that night, Hermanus High does not feel divided by cliques or grades. As the school stands together as one, the energy in the hall is electric,

filled with loud cheering, laughter, and an entire wave of support for every nominee. Students cheer for their favourites, and teachers proudly share in the excitement. This reminds us that we are all part of something bigger than ourselves. One school. One family.

Winning Mr and Ms Hermanus is, of course, a huge honour, because the winners represent our school's spirit by carrying themselves with pride and showing that beauty is not only what is seen on the outside. Mr and Ms Hermanus is not simply a pageant; it is truly a tradition that brings joy, unity, and inspiration. This year, our Mr Hermanus is Niles Ladewig and our Ms Hermanus is Cheyenne de Witt. They reigned victorious thanks to their charm, kindness, school spirit, and hard work.



Hermies shining in the spotlight. PHOTOS: David Wilson





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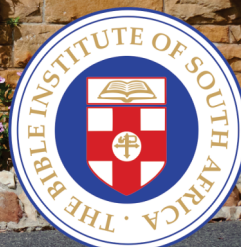
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# Hermies (Teachers) Got Talent

BY: Emily Eve Jonker

*Hermies Got Talent* was a staff concert based on the familiar setup of a talent show. It was written and directed by Ms Pretorius (English Home Language teacher) and followed four judges, a dramatic host, and the extravagant performers they encountered. *Hermies Got Talent* had the audience in stitches of laughter and was a perfect example of the creative, fun-filled spirit of Hermanus High School.

The opening act consisted of each characterful judge introducing themselves, each one mimicking the typical personalities seen on televised talent shows: a critical and unimpressed man, 'Mr Snyman'; an overly excited 'Ms Joy'; and the glamorous 'Ms Flamboy'. Lastly came 'MC Bragg', who made sure to flaunt his vanity and swagger. When I asked him, 'Where do you get your confidence?', he replied: *'Success breeds success, awesomeness breeds awesomeness... what can you do if you are born awesome?'* Whatever does that mean?

Then came the acts themselves, each focused on a subject or school scenario. Act 1, Tick-Tock Historians, featured famous historical figures narrating their legacies while using over-the-top Gen Z slang. Queen E, Gandhi, Khufu, Mandela, and Hitler brought hilarity to the stage with their 'fire' monologues. I could not resist asking 'Mandela' whether the image of the school before him lived up to the hopes he once had for South Africa. He answered: *'As someone who fought hard for our country, and as a firm believer that education can shape the world, it lived up to my expectations.'*

In Act 2, *Live Speed Painting*, a group of artists swaggered onto stage, claiming that art is so physically demanding it should be considered a sport. The artists then began passionately rubbing all manner of limbs onto canvases in a frenzy of chaotic creativity. The works were



**Hermanus High teachers shining.**  
**PHOTO: Dané Pretorius**

revealed to much uproar, depicting our principal, Mr Smuts, in absurd sporting scenarios. Head artist Mr Prodehl (Head of Sport and Discipline) later declared: *'Sport shows potential, it shows catalyst, it shows passion, it shows... everything! Which in turn is an art.'*

Act 3 was led by an army general (Ms Henn) who claimed that the demerit system must fall — and should instead be replaced by corporal punishment. She then proceeded to demonstrate these punishments on actors portraying students, each one named after a 'badly behaved' boy. I interviewed one of these boys, Fede, asking how it felt to be mentioned in the teachers' concert. He replied: *'I felt like I was gaining aura... and motion. I also felt like I was being disrespected, because they said my name without asking.'* This act, filled with satire, brought both gasps and giggles from the audience.

Act 4, *Crazy Yoga*, saw Mr Schoeman glide on-stage as a wild-haired yoga guru, followed by his 'girly' class in stretch pants and tie-dye. The

lesson, designed to release school stress and June examination trauma, had the audience in peals of laughter. This hilarious act ended with the entire hall 'plucking' their auras. Act 4 was definitely a crowd favourite.

Just when we thought the chaos was over, a surprise act was announced: slam poetry by Mr Smuts. Our principal took to the stage, sauntering to Eminem in a hoodie and sunglasses. He grabbed the mic and recited:

*Monday mornings.  
Assemblies.  
Family time.*

*Blazers: non-negotiable.  
Deodorant: non-existent.  
Still... we gather.*

*When I die —  
Wrap me in the sea of green.  
Serenity.  
Chicken skin.*

*This isn't slam poetry.  
This is a soul offering.  
A taste of Hermie magic.*

*But no!  
Do not relax.  
For fear stalks the corridors...*

*Not Worcester gym.  
Not demerits.  
No.*

*Gum.*

In conclusion, *Hermies Got Talent* had us students in hysterics. This play, although cheeky at times, highlighted the unified and fun-loving spirit of Hermanus High. It perfectly showed that by embracing all the quirks and talents of this school, staff and students are brought together.



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# An Evening of Elegance – Winter Ball 2025

BY: Abigail Phiri

The annual Winter Ball took place on the 22nd of August and was truly a night to remember for everyone who attended. Stunning fashion statements, crazy dance moves and uncontrollable singing made the night even more unforgettable.

From the moment you walked through the doors of the hall, the atmosphere buzzed with excitement as learners gathered, adorned in elegant dresses, suits and bow ties, ready to make memories that would last long after the music stopped. Many described the event as a night where individuality and creativity shone through. Photos were taken throughout the evening, capturing the excitement and memories being made.

Let's be honest, the week right after the Interschools was draining,

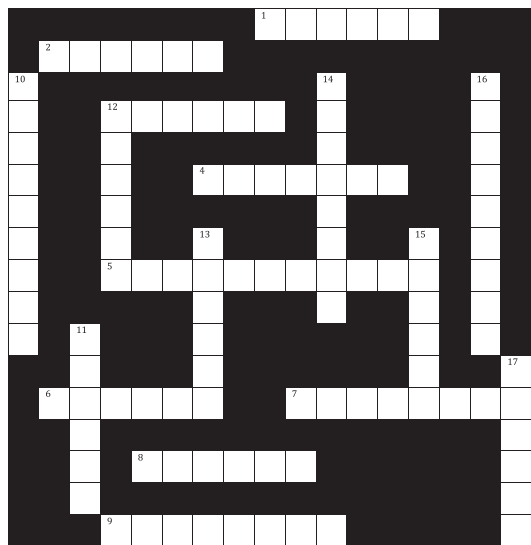
with periods feeling like they'd last for a century. This made the Winter Ball a great chance for learners to unwind and forget their academic worries, letting loose on the dance floor where all their worries would fade away. The DJ kept the crowd moving with trendy hits and timeless classics that kept the dance floor full throughout the night.

As the music faded and the flicker lights dimmed, what remained were the everlasting memories, not just with friends but maybe even with that random dude who was casually singing along to that one Katy Perry song.

The Winter Ball was more than just a fancy school dance; it was a moment in time where learners came together to not only celebrate the season but also to have fun and make memories that would last a lifetime, to create bonds that—that is true elegance.



Hermies living it up. PHOTOS: W. de Jager



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### ACROSS

1. Gentle wind
2. New growth pushing through soil
3. Dust that feeds bees (and tickles noses)
4. April brings these, per the saying
5. Larva that becomes a butterfly
6. Where planting happens
7. Bright sky after winter's gray
8. Blooming plant part
9. Trumpet-shaped yellow bulb

### DOWN

10. Sunny weed; blow to make a wish
11. Shrub with vivid blossoms
12. Outdoor meal on a warm day
13. Spring is one
14. Woodland bloom carpeting forests blue
15. Result of longer, warmer days
16. Winged pollinator
17. Grassy field

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INTERSCHOOLS:

# The year we made it ours



**1. Showcasing a determined Hermie swimmer**

**2. Hermies unitedly celebrating their victory against Worcester Gymnasium!! PHOTO: Supplied PHOTO: Marzaan Oosthuizen**

**3. Captain of the 1st team tennis boys focused on victory for his team PHOTO: Supplied**

**4. Fellow Hermie attempting an impressive reverse stick shot PHOTO: Marzaan Oosthuizen**



BY: Abigail Phiri

Humming in-between, hearts pounding, sticks clicking and clacking. Can you hear it too? The squeak of shoes on the netball courts, the thud of rugby boots on the field, and the roar of supporters echoing from the stands all blend together into one electric atmosphere. Every cheer, every whistle, every gasp from the crowd tells its own story. This is not just sport, this is Interschools, where school pride is on the line, and every player is fighting to make their mark.

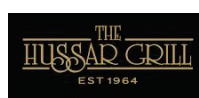
As everyone knows, our school has been going head-to-head with Worcester Gymnasium for several years now. And while our teams have always been talented and determined, we hadn't quite achieved the results we were hoping for until this year. From the very first minute you stepped on a sports premises, there was a different energy in the air. The players were sharper, the supporters were louder, and the determination was undeniable.

When game day finally arrived, you could feel it in the atmosphere. This wasn't just another Interschools, this was our moment. Every pass, every shot, every tackle and breath of determination, whether it was in

swimming pools, on rugby fields or on tennis courts, told the same story: this year, victory wasn't just a possibility, it was the expectation. And as the final whistles blew one by one, it was clear to everyone that the tables had finally turned in our favour. With Hermanus winning an impressive seven trophies out of the eleven available, Hermanus was announced the 2025 winner against Worcester Gymnasium.

Beyond the results on the scoreboard, what truly stood out this year was the incredible school spirit. The pavilion was packed with learners, along with parents and teachers on the sidelines, all dressed in school colours, faces painted and flags waving proudly in the air. The chants were louder than ever, echoing across the fields and courts, pushing our players to give their absolute best. Even those who weren't playing had an important role: cheering, supporting, and keeping the energy high. It was a powerful reminder that Interschools isn't just about the athletes, it's about an entire school coming together, united by pride, passion, and a shared goal.

We truly displayed the Hermie Magic, proving that when we come together, there's nothing we can't achieve. This year, we didn't just compete — we made history, and we made our school proud.





INTERSKOLE GEES:

## HERMANUS GAAN WILD!

DEUR: Leanté Barnard

Soos die son oor die sportvelde op Saterdag, 16 Augustus opkom, was die lug elektries van afwagting. Hermanus Hoërskool het weke lank tot hierdie oomblik opgebou, en ons leerders was gereed om hul gees los te laat. Vir die eerste keer in die geskiedenis het ons skool as oorwinnaar uit die stryd getree in die Winter Interskole teen Worcester Gimnasium en ons het hulle in die algehele puntelys verslaan. Hierdie prestasie was nie net 'n bewys van ons atlete se harde werk nie, maar ook van die ondersteuning van ons hele skoolgemeenskap.

Geesweek: Die Opbou. Die opwinding het op Maandag, 11 Augustus begin met die "Grootste Hermie-ondersteuner"-dag, waar leerders hul gesigte geverf het en hul ondersteuning aan die skool bewys het. Die week het voortgegaan met prettige aktiwiteite, insluitend onderwysers wat skooluniforms dra terwyl leerders gewone klere dra, "Wacky Hat Wednesday" en "Funky Sock Thursday". Elke dag het ons nader aan die groot dag gebring, wat ons entoesiasme en spangees aangevuur het. Op Vrydag 15 Augustus is ons sportspanne gevier deur die "Big Brag" en die "Capping" seremonie.

Die Kreet: Hermanus gaan WILD. Voor die eerste rugby span gespeel het het albei skole hul kreet uitgevoer waarvoor hulle weke lank geoefen het. Die gees was tasbaar toe ons span die veld betree het, en die kreet het oor die pawiljoen weergalm. Dit was 'n hoendervleis oomblik en ons span het gereageer met 'n historiese spell! ONS HET DIE 2025 WINTER INTERSKOLE GEWEN, en ons gees het ontplof.

Die "HERMIE MAGIC" Die Wenformule. Ons gees was die dryfkrag agter ons sukses.



Die eerste rugby span 2025 sing die skoollied. FOTO: Taylum Meyer

Van die pawiljoen tot die sportvelde het ons leerders hul spanmaats met aansteeklike entoesiasme aangemoedig. Die kreet, die sange en die gejuig het alles bygedra tot 'n elektriese atmosfeer wat ons atlete geïnspireer het om op hul beste te presteer. Ons oorwinning het nie net oor wen gegaan nie; dit het gegaan oor die gevoel van gemeenskap en behoort wat kom met deelname aan 'n span.

Skoolgees is meer as net om vir 'n span aan te moedig; dit gaan oor die bevordering van 'n gevoel van trots, eenheid en behoort onder leerders. Dit gaan oor die skep van herinneringe wat 'n leeftyd hou en die ontwikkeling van 'n gevoel van kamer-

aadskap wat verder as die sportvelde strek. By Hermanus Hoërskool is ons skoolgees 'n belangrike deel van ons identiteit, en dit is wat ons onderskei.

Terwyl ons die oorwinning vier, vier ons ook die bande wat ons as 'n skoolgemeenskap verenig. Uiteindelik was dit ons kollektiewe gees wat ons tot oorwinning gedryf het. Ons het bewys dat ons met spanwerk, vasberadenheid en skooltrots groot hoogtes kan bereik. Baie geluk aan al ons atlete, onderwysers en leerders met hierdie merkwaardige prestasie! As ons nou al begin werk en oefen, kan 2026 selfs beter wees! Saam sal ons lag en saam sal ons huil!



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